



GC Cali Dance Eisteddfod – SDG - 2026

Hosted by Helensvale Calisthenic Dance Academy

www.gccalidanceeisteddfod.com

Competition Information



The GC Cali Dance Eisteddfod welcomes you all to our 2026 Regional Solo/Duo/Graceful Competition, proudly hosted by Helensvale Calisthenic Dance Academy.

We are excited to be offering Tinies Competition this year alongside our Tinies Display. Competitors must choose between competitive and display, they cannot do both.

Dates

Friday 20th March
Saturday 21st March
Sunday 22nd March

Schedule

Friday 20th March – Duo's
Saturday 21st March – Tinies and Solo's
Sunday 22nd March – Graceful's

***Exact times will be confirmed once entries have been received.*

Venue

AB Paterson College
10 AB Paterson Drive, Arundel
<https://goo.gl/maps/JPuUgFLkXyd6zv419>





Competitor's Entry

Entries for the GC Cali Dance Eisteddfod will open on Friday 16th January 2026 via link below. Entries close Midnight 9th February 2026.

Late entries will NOT be accepted & refunds will NOT be given for non-attendance/withdrawals.

<https://www.helensvalecalisthenics.com/events/334598>

This year's entry fee includes the follow –

- **Competitor Entry Fee**
- **Stage Video** (delivered via Google Drive link, sent to the nominated Coach)
- **Stage Photos** (delivered via Google Drive link, sent to the nominated Coach)

Cost of Competitor Entry

Tinies Display & Competitive Solo/GG - \$55 per item

Tinies Display & Competitive Duo - \$75 per item

Sub-Junior Solo/Graceful - \$85 per item

Junior Solo/Graceful - \$85 per item

Intermediate Solo/Graceful - \$85 per item

Senior Solo/Graceful - \$85 per item

Masters Solo/Graceful - \$85 per item

All Duos - \$115 per item

Audience Tickets

Audience tickets will go on sale at 8am, Monday 9th March 2026. Book online using the link below for a **Special Early Bird Discounted Price** www.gccalidanceeisteddfod.com

Online Ticket sales close at 8pm Wednesday 18th March 2026.

Tickets will then be available to purchase at the venue on the day via **EFTPOS ONLY**. (*No cash accepted*)

About the Venue

The Dawn Lang Performing Arts Centre is a state-of-the-art theatre within the campus of AB Paterson College at Arundel on the Gold Coast.

It seats approx. 350 (once rows are taken out for Adjudicator). Dressing rooms are located in close proximity to the stage. There is NOT a lot of room for practice, however there is an outside area undercover you could use.

Stage Size

With the introduction of the LED screen it means our stage depth is slightly less, please see below. It also means you **WILL NOT** be able to commence behind the black tab or enter through it as there will be NO black tab.

Stage Width from proscenium to proscenium	12.8 and tapers into 10m wide at back of stage
Front of stage to House Curtain	1.6m
Front of Stage to LED Screen	10m

Front of stage to Centre Spot	5m
Spots out from Centre Spot	3m

***Please note:**

- Stage Measurements are approx. only and will be confirmed by end of June
- There is a run around area behind the stage.
- There is no black Tab
- LED Screen **MUST NOT** be touched – if found to be damaged by your club you will be responsible for any costs associated with fixing it

Lighting & Curtain Cue Sheet

- Coaches **MUST** complete a **LIGHTING & CURTAIN CUE SHEET** for **EACH** competitor.
- Official Lighting & Curtain Cue Sheets are to be completed and uploaded to your club's dropbox (link will be sent to your club) by Sunday 1st March 2026. All forms **MUST** be typed for acceptance.
- Non-return of Lighting & Cue Sheet will mean no special lighting and the performance restricted to standard lighting and curtains only. **On-the-spot demands for lighting and curtains not listed on the lighting & cue sheet will not be possible.** There will be no pre-plotting of lights.
- No extra lighting or special effects equipment may be used.
- Six (6) cues only (including pre-set) per item are allowed for all sections

Curtains

GC Cali Dance Eisteddfod will supply Curtain Techs for Front of House Curtain and Back Black Smother. The Back Black Smother must be requested on your lighting cue sheet. This opens via a pulley, it **DOES NOT** fly.

Definitions:

Front House Tab – Curtain in front of stage area. Curtain is not a reveal, but a page (opens and closes sideways) It is on a pulley and can open/closed at any speed

Back Black Smother – Black curtain at back of stage area.

Music / DLP

All Music/DLP is to be uploaded to your clubs dropbox no later than Sunday 1st March 2026.

Music must be in MP3 format and DLP must be in MP4 format.

Naming of Music: (if this is not correct, music will not be accepted)

Competitor Number – Section – Competitor Name – Club

e.g. 18 – IntermediateNoviceSolo – EmmaJaneSmith – HCDA

Dressing Rooms

We will endeavour to give each club the same dressing room all weekend. These rooms will be as they say, DRESSING ROOMS, there will be not much room to practice.

Child Safety

GC Cali Dance Eisteddfod in conjunction with Helensvale Calisthenic Dance Academy has a strong commitment to Child Safety.

All Coaches and Officials attending the competition must have valid a Blue Card and be able to present it if requested. Any adults assisting with costumes, in dressing rooms or performing the role of a dressing room marshal are also required to have a valid Blue Card.

Only Coaches, Participants and Officials are allowed in the dressing rooms and should be easily identifiable at all times. Parents are not permitted in the dressing rooms.

Private changing areas, such as pop-up change tents and bathrooms are provided for participants to get changed in privacy.

Coaches and/or Club Officials are required to meet parents outside the dressing rooms at the designated drop off and pick up times. Parents must ensure their child is personally handed over to their Coach or Club Official and not left to enter the dressing room unaccompanied.

Coach and/or Club Officials are responsible for ensuring that each competitor is collected at the conclusion of their competition before leaving the venue. No child is to be left unattended at any time.

Photography, Videography & Social Media Guidelines

GC Cali Dance Eisteddfod understands Calisthenics is a visual spectacle that highlights the beauty, grace and power of our pupils at every level of the sport. Images of people enjoying Calisthenics are part of the sport's culture and the incredible images created play an integral part of promoting our sport as well as providing amazing memories for our participants.

It is not the intention of GCCDE to prevent photos or videos being taken of our participants but rather to ensure appropriate photographic and videography practices are being upheld.

GCCDE have introduced the following guidelines to ensure the safety & privacy of all participants.

In line with Child Safe Standards, all official Photographers & Videographers engaged by GCCDE must hold a valid Blue Card/Working with Children Check and be clearly identifiable at all times. All photographs or videos taken by the official Photographers & Videographers must be stored on a secure, password protected device accessible only to authorised persons and must be permanently deleted after a period of twelve (12) months.

A Photography, Videography and Social Media consent form has been built into the registration process.

Photography

No Photography is permitted in the theatre during performances, except by official event Photographers.

Photography is allowed by audience members during presentation only.

GCCDE provide free on-stage photos as part of registration and are included in the competitor entry fee. Each coach/club will be provided with a link for each of their competitors within a week of competition. No refunds or exchanges are provided for this service.

No photographs are to be taken in the dressing rooms. An exception applies for photos taken by a Coach or Club Official in front of a wall or banner with no people in the back ground once the participant/s is in full costume or club attire. Where possible, it is recommended that a suitable location outside the dressing room be used for photos, however, this may not always be practical. Parents are not allowed to enter the dressing rooms at any time to take photos.

GCCDE will ensure consent is given before taking and using any official photographs of participants through the built in consent form completed at registration.

Videography

Each performance at GCCDE will be videoed by the official event Videographer. The video is included in the competitor entry fee and is a condition of entry that each competitor must provide consent to video record their performance. The videos may be used if a performance needs to be reviewed for adjudicating purposes.

The video link will be sent to the nominated coach within 48 hours of the conclusion of the competition. Competitors may opt out to having their video link shared with their coach and will be deleted at the conclusion of the event. No refunds or exchanges are provided for this service.

No video recording is permitted in the theatre during performances, except by official event Videographers.

Videoring is allowed by audience members during presentation only.

No videos are to be taken in the dressing rooms.

GCCDE will ensure consent is given before taking and using any official videos of participants through the built in consent form completed at registration.

Social Media

GC Cali Dance Eisteddfod may share photos of participants on the official event website or social media channels for the following purposes –

- Promotion of Calisthenics
- Competition Results
- Event Marketing

GCCDE will ensure full names of any participants are not published on social media channels when posting competition results. A combination of an initial and first/last name will be used, e.g. A Smith or Angela S

GCCDE will ensure consent is given before using any official photos or names of participants on Social Media Channels or websites through the built in consent form completed at registration. If consent is not given for photos to be taken or used, the performer's face will be blurred or obscured or they may not be included in the photo altogether. If consent is not given for a name to be published, the competitor number will be published instead.

Club Officials, Coaches, Competitors and Parents should not share or post photos on social media channels without consent of the people in the photo.

- Please be mindful of other people in the photo or in the background. If you do not have their consent, it is recommended to blur or crop them out before posting.
- Review all images carefully prior to public use to ensure they are not indecent or defamatory in nature.
- If you are asked to remove a photo from social media, you must do so immediately.

Backstage Photos

We have partnered with Images By Megan for our GCCDE solo comp. She will be backstage to take all your off stage photos and photos of our placegetters. Link and details for these photo's is below:

<https://forms.gle/ufpNqhREd3tH4FVE8>

Pack 1 - \$35

Pack 1 is for a single item and consists of 3 edited high-resolution (print quality) images.

Pack - 2 - \$55

Pack 2 is for two items and consists of 6 edited high-resolution (print quality) images. This pack can be used

for a single dancer competing in 2 items (3 images per item) or for two dancers from the same family across 2 items (3 images per dancer).

Pack 3 - \$75

Pack 3 is for three items and consists of 9 edited high-resolution (print quality) images. This pack can be used for a single dancer competing in 3 items (3 images per item) or for two or more dancers from the same family across 3 items (3 images per item).

If you require more than 3 items photographed, please select Pack 3, and put a note in Additional Details with information on the number of items. Additional items will be \$20 per item EG 4 items = \$95.

Terms and Conditions - GCCDE 2026 SDG Competition Backstage Photo Sessions

- Images by Megan will issue an invoice within 72 hours of completion of the booking request.
- Bookings close 20th March 2026.
- Late bookings may be accepted at the discretion of Images by Megan.
- Booking will only be considered complete once payment is received.
- Payment must be made on or before 22nd March 2026.
- All photos will be taken on site (AB Paterson College) within the session times as published by GCCDE - SDG - 2026.
- If competitor/s is/are withdrawn from the Competition, please contact Images by Megan via email to arrange a full refund, less PayPal processing fee.
- All images will be delivered no later than 21 days post competition.
- All images will be delivered to the registered email address via Pixieset or GoogleDrive.
- Images of duos will be delivered to the registered email address plus one additional email address if it is provided at the time of registration or on the day.
- All images remain the property of Images by Megan.
- All images delivered by Images by Megan are for the clients personal use only.
- All images must be downloaded within 30 days of receipt.
- Images by Megan is committed to protecting the health and safety of all competitors, in particular children and young people and reserves the right to refuse to capture poses deemed provocative, demeaning, dangerous or exploitative.
- Images by Megan will work with competitors and coaches to capture images appropriate to the competitor's skill and comfort level.
- Image/pose ideas supplied to Images by Megan are not guaranteed to be provided.
- Images by Megan has final selection of images that will be edited and provided.
- Refunds will not be provided for creative differences in photos received.

Rules & Regulations

All Solo's, Duo's & Graceful items will follow the ACF National Rules & Regulations.

Canteen

We will have a fully functioning canteen at the comp, selling pre-packaged food and snacks as well as drinks/tea/coffee/water. The full menu will be available via the website closer to comp. **EFTPOS Only.**